



208 and 210 Commack Road
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Date of Party: _____ Time of Party: _____ Appr. Length of Party: _____
Captain: _____ Day Tele: _____ Eve Tele: _____
Guest of Honor: _____ Type of Party: _____

For our Guests' Information:

Length of the Spa Party

It will depend on the number of guests in your party and the services they are receiving. Generally, spa parties are about 2-4 hours long.

What to wear

Hands On Healthcare provides our guests with slippers and robes. Whatever you feel comfortable in is fine.

Treatments that don't require undressing

Consider our Retreat for Feet Treatment. Begin with hot, moist towels wrapped around the feet... warmed aromatic salt massaged in to stimulate circulation and exfoliate dead skin cells. A European Rose Mud Mask is applied to draw out toxins and leave the feet petal soft. A great way to de-stress without the undress!

What to avoid prior to Spa Party

If you will be receiving one of our Signature Body Scrubs, please avoid shaving the day of your session.

Treatments day before or day of Wedding

You may want to consider coming by the office 1-2 weeks prior to have a spot treatment sample of any body treatment to make sure you are not allergic to it.

Male and Female Therapists

We try to accommodate your special requests, however we cannot make any guarantees.

Couples' Massage Rooms

We are proud to offer two couples massage rooms! Depending on the services, we can accommodate 7 guests at one time.

Health conditions

Please fill out the medical forms provided. We will notify you of any contraindications.

Pregnancy guests

Please let us know if you are pregnant on the medical form provided. We will need to set you up with an LMT with advanced training in pregnancy or provide you with a treatment with out any contraindications.

Guests under 18

We ask that any guest under 18 receive parental/guardian consent prior to receiving any treatment.

Treatments for men

Because we don't specialize in beauty, (no make up, hair or nails) men feel quite comfortable and welcomed in our relaxed, casual, and homey atmosphere. They can enjoy all of our services as well. For a complete list, visit our website at www.longislandmassagespaparties.com.